

# Week 1

# School Dinner Menu Sept 26 – Jan 26

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Morning  
Snack

Toast & butter  
(Wheat Milk Soya)  
Or  
Bananas with strawberry  
yoghurt  
(Milk)

Scotch pancakes  
(Wheat Milk Egg)  
Or  
Pears with Greek honey  
yoghurt  
(Milk)

Toast and butter  
(Wheat Milk Soya)  
Or  
Peaches with mango  
and passionfruit  
yoghurt  
(Milk)

Scotch pancakes  
(Wheat Milk Egg)  
Or  
Apples with lemon yoghurt  
(Milk)

Treat Friday  
Crisps  
(Milk)  
or  
Angel delight  
(Milk)

Lunch  
(Meat  
Option)

Creamy chicken &  
vegetable casserole with  
mashed potatoes  
(Milk Celery)

Quiche Lorraine with  
mashed potato and baked  
beans  
(Wheat Milk Egg Mustard)

Cottage pie with sweet  
potato topping, mixed  
vegetables and gravy  
(Wheat Soya)

Spaghetti meatballs in a  
tomato and vegetable  
sauce with parmesan  
(Wheat  
Sulphur Dioxide / Sulphites  
Celery)

Jacket potato with  
beans and cheese  
(Milk)

Lunch  
(Veg  
Option)

Cheese and onion quiche  
with mashed potatoes,  
mixed vegetables and  
cheese sauce  
(Wheat Milk Egg Mustard)

Vegetable  
Lasagne  
(Wheat Milk Egg)

Garlic & mushroom  
and broccoli spaghetti  
with parmesan  
(Wheat Milk Celery)

Potato and cauliflower tikka  
masala with yogurt and  
mint sauce  
(Milk Egg)

Baked salmon with  
mashed potatoes,  
broccoli with parsley  
sauce  
(Wheat Milk Soya Fish)

Dessert

Chocolate Cake and  
Custard  
(Wheat Egg Milk Soya)

Maderia cake and custard  
(Wheat Milk Egg)

Lemon cake and  
custard  
(Wheat Egg Milk)

Sticky toffee cake and  
custard (Wheat Milk Egg)

Jam sponge and  
custard  
(Wheat Egg Milk)

# Week 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Morning  
Snack

Toast & butter  
(Wheat Milk Soya)  
Or  
Bananas with strawberry  
yogurt  
(Milk)

Scotch pancakes  
(Wheat Milk Egg)  
Or  
Pears with Greek yogurt  
(Milk)

Toast & butter  
(Wheat Milk Soya)  
Or  
Peaches with mango and  
passionfruit yogurt  
(Milk)

Scotch pancakes  
(Wheat Milk Egg)  
Or  
Apples with lemon  
yogurt  
(Milk)

Treat Friday  
Crisps  
(Milk)  
Or  
Angel delight  
(Milk)

Lunch  
(Meat  
Option)

Quiche Lorraine with  
sweet potato & butternut  
squash mash & baked  
beans  
(Wheat Egg Milk Mustard)

Spanish chicken with  
cous cous and carrots  
(Wheat)

Sausages & beans in a  
rich BBQ sauce, topped  
with fluffy mash & cheese  
(Cowboy Pie)  
(Wheat Milk Soya Sulphur  
Dioxide/Sulphites)

Beef bolognese with  
spaghetti & parmesan  
cheese  
(Wheat Milk)

Cheesy fish pie with  
broccoli & cheese  
sauce  
(Milk Fish)

Lunch  
(Veg  
Option)

4 cheese tortellini with a  
tomato and mascarpone  
sauce  
(Wheat Egg Milk)

Cauliflower & broccoli  
cheese bake with mashed  
potato and gravy  
(Wheat Milk Egg Soya  
Celery)

Sweet potato & lentil  
korma with smooth  
mango chutney  
(Milk Egg)

Baked cod with  
mashed potatoes and  
mushy peas  
(Milk Fish)

Jacket Potato with  
beans & cheese  
(Milk)

Dessert

Chocolate cake & custard  
(Wheat Egg Milk Soya)

Maderia cake and custard  
(Wheat Egg Milk)

Lemon cake & custard  
(Wheat Egg Milk)

Sticky toffee cake  
& custard  
(Wheat Egg Milk)

Jam sponge & custard  
(Wheat Egg Milk)

# Week 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Morning  
Snack

Toast & butter  
(Wheat Milk Soya)  
Or  
Bananas with strawberry  
yogurt  
(Milk)

Scotch pancakes  
(Wheat Milk Egg)  
Or  
Pears with Greek yogurt  
(Milk)

Toast & butter  
(Wheat Milk Soya)  
Or  
Peaches with mango and  
passionfruit yogurt  
(Milk)

Scotch pancakes  
(Wheat Milk Egg)  
Or  
Apples with lemon yogurt  
(Milk)

Treat Friday  
Crisps  
(Milk)  
Or  
Angel delight  
(Milk)

Lunch  
(Meat  
Option)

Creamy chicken &  
cauliflower tikka masala  
with yogurt & mint sauce  
(Milk Egg)

Sweet BBQ chicken with  
mashed potato & broccoli  
(Wheat Milk)

Cod in a tomato & lentil  
sauce with sweet potato  
mash  
(Fish)

Lasagne with carrots  
(Wheat Milk Egg)

Jacket potato with  
beans & cheese  
(Milk)

Lunch  
(Veg  
Option)

Tomato & vegetable fajita  
style pasta with  
guacamole  
(Wheat Milk)

Veggie cottage pie with  
sweet potato topping,  
carrots & gravy  
(Wheat Egg Soya)

Cheese & Broccoli frittata  
with baked beans  
(Milk Egg)

Tuna mayo sweet potato  
jacket with cheese  
(Milk Egg Soya)

Mild lentil & bean  
chilli con carne with  
broccoli & sour cream  
(Milk)

Dessert

Chocolate cake & custard  
(Wheat Egg Milk Soya)

Maderia cake and custard  
(Wheat Egg Milk)

Lemon cake & custard  
(Wheat Egg Milk)

Sticky toffee cake  
& custard  
(Wheat Egg Milk)

Jam sponge & custard  
(Wheat Egg Milk)



## Allergen Information

We are committed to providing safe and inclusive meals for all pupils.

- ✓ **Menus are shared in advance** with parents and carers and include clear, accurate allergen information in line with the *Food Information Regulations 2014*.
- ✓ **Any menu changes**, including substitutions or last-minute adjustments, are carefully reviewed to ensure all meals continue to meet the dietary needs of pupils with allergies or medical conditions.
- ✓ **Individual dietary needs are supported** - where pupils have allergies or intolerances, appropriate adaptations will always be made to ensure their requirements are safely catered for.

If you have any questions or would like to discuss specific dietary needs, please contact the school.